



NEWS RELEASE

Toronto: October 18, 2010

HY LAKE GOLD TO ATTEND MUNICH PRECIOUS METALS SHOW

HY LAKE GOLD INC. (CNSX: HYL, FRANKFURT: HYK) is pleased to announce that it will be attending the 2010 International Precious Metals & Commodities Show in Munich, Germany on November 5th and 6th. The Edelmetallmesse will be held at the Event Arena, Olympiapark Munchen and was established in 2005 by the founders of www.goldseiten.de, Europe's most frequented mining portal website. The show attracted over 5,500 visitors last year and is the largest show of its type in Germany.

Company representatives Robert Seitz, President & CEO and Dr. Vadim Galkin, Vice President, Exploration will be available to provide information concerning past and recent corporate and exploration developments as well as Hy Lake's future exploration and development plans at its Mount Jamie, Rowan Lake and Red Summit mine properties in the prolific Red Lake Mining Camp.

The show attracts exploration and mining companies from all over the world as well as precious metals and commodity funds, bullion and coin producers, market letters and publishing houses, banks and brokers. The Edelmetallmesse is well attended by European money managers, institutional and private investors and bankers. In addition, the show features world-class industry experts, panel discussions and workshops. This year's keynote speakers include Rob McEwen of US Gold Corp. (ex Goldcorp) and Ferdi Dippenaar of Great Basin Gold (ex Harmony Gold). Canadian companies expected to exhibit at the show include Globex Mining Enterprises Inc., Hy Lake Gold Inc., Osisko Mining Corp., Premier Gold Mines Ltd., Rubicon Minerals Corp. and VG Gold Corp.

For more information on this conference please visit www.edelmetallmesse.com/en.

About Hy Lake Gold Inc.

Hy Lake Gold is a well financed Toronto-based mineral exploration company focused on the gold exploration and development business in the prolific Red Lake Mining District of Northwestern Ontario, Canada. Hy Lake Gold has assembled several significant property packages totalling approximately 3,300 hectares in west Red Lake. The properties cover a 12 kilometre distance along the west Red Lake Trend, containing 3 former producing gold mines, and the Company continues to explore these properties both along strike and at depth. To find out more about Hy Lake Gold Inc. (CNSX: HYL; FRANKFURT: HYK) visit our website at www.hylake.com.

Shares Issued: 34,304,195

On behalf of the board:

Mr. Robert B. Seitz, President & C.E.O.
office@hylake.com

Forward-Looking Statements

This release contains forward-looking statements, including predictions, projections and forecasts. Forward-looking statements include, but are not limited to, statements with respect to exploration activities and results (including the timing of results), the timing and success of exploration activities generally, permitting timelines, government regulation of exploration and mining operations, environmental risks, title disputes or claims, limitations on insurance coverage, timing and possible outcomes of any pending litigation and timing and results of future resource estimates or future economic studies, and in particular include statements with respect to the timing of the reporting of drilling results at Rowan Lake and the other properties. Often, but not always, forward-looking statements can be identified by the use of words such as “plans”, “planning”, “planned”, “expects”, or “looking forward”, “does not expect”, “continues”, “scheduled”, “estimates”, “forecasts”, “intends”, “potential”, “anticipate”, “does not anticipate”, or “belief”, or describes a “goal” or variation of such phrases or state that certain actions, events or results “may”, “could”, “would”, or “will” be taken, occur or be achieved.

Forward-looking statements are based on a number of material factors and assumptions, including the result of drilling and exploration activities, the expected geological conditions or formations are not located, that contracted parties provide goods and/or services on the agreed timeframes, that the equipment necessary for the exploration is available as scheduled and does not incur unforeseen break downs, that no labour shortages or delays are incurred, that plant and equipment function as specified, that no unusual geological or technical problems occur, and that laboratory and other related services are available and perform as contracted.

Forward-looking statements involve known and unknown risks, future events, conditions, uncertainties and other factors which may cause the actual results, performance or achievements to be materially different from any future results, prediction, projection, forecast, performance or achievements expressed or implied by the forward-looking statements. Such factors include, among others, the interpretation and actual results of current exploration activities; changes in project parameters as plans continue to be refined; future prices of gold; possible variations in grade or recovery rates; failure of equipment or processes to operate as anticipated; the failure of contracted parties to perform; labour disputes and other risks of the mining industry; delays in obtaining governmental approvals or financing or in the completion of exploration. Although Hy Lake has attempted to identify important factors that could cause actual actions, events or results to differ materially from those described in forward-looking statements, there may be other factors that cause actions, events or results not to be as anticipated, estimated or intended. There can be no assurances that forward-looking statements will prove to be accurate, as actual results and future events could differ materially from those anticipated in such statements. Accordingly, readers should not place undue reliance on forward-looking statements.

The CNSX has neither approved nor disapproved of the contents of this press release.